

Helen Lyons-Curran



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BIO

A hard working and passionate individual, Helen is an award winning director and freelance editor. Her WWII drama, *Delicacy* (2014), has earned nine nominations and won five awards including Best student Drama at The Royal Television Society North West Awards, and Best Cinematography at The US Hollywood International Film Festival 2015. Helen is currently in post production with *Ends Meat* (2017), a gritty thriller set for festival release in summer 2017. She prides herself on creating strong narrative work with high production values. She graduated from The Manchester Film School with a First Class BA Honours Degree in Film and TV Production where she trained in single camera drama. The mostly hands on practical course enabled the experience shooting on location as well as in a controlled studio environment. Helen's commercial work as an editor range from promos, low-end commercials, short narrative film & documentary TV. She has a range of skills, but her main passion lies in directing. She's eager to advance herself as a director and grow with each project she takes on.

SELECTIVE AWARDS & NOMINATIONS

Winner - The Royal Television Society North West - Best Student Drama 2014 - *Delicacy*
Winner - The US Hollywood International Film Festival - Best Cinematography 2015 - *Delicacy*
Winner - The San Francisco Film Awards - Award of Excellence 2015 - *Delicacy*
Winner - The Festival of Fantastic Films - The Delta Short Film Award 2014 - *Delicacy*
Winner - Screen Stockport Film Festival - Best University Short Film 2014 - *Delicacy*
Winner - Screen Stockport Film Festival - Highly Commended Super Short 2015 - *Dad*
Nominated - Thurrock Film Festival - Best Director 2015 - *Delicacy*
Nominated - US Hollywood International Film Festival - Best Foreign Film - *Delicacy*
Nominated - US Hollywood International Film festival - Best Short Film - *Delicacy*
Nominated - Macabre Faire Film Festival, NY, USA - Best Student Film 2015 - *Delicacy*
Nominated - British Universities Film & Video Council 2014 - Production Award - *Delicacy*
Official Selection - Long Beach International Film Festival, NY, USA, 2015 - *Delicacy*
Official Selection - San Jose International Short Film Festival, CA, USA, 2015 - *Delicacy*
Official Selection - Dublin International Film & Music Festival, Ireland, 2015 - *Delicacy*
Official Selection - SBEs Hamilton International Film Festival, NY, USA 2015 - *Delicacy*

SKILLS

- Creativity & collaboration
- Directing actors
- Directing crew & managing a production
- Strong artistic vision
- Casting
- Script development
- People skills
- Planning and scheduling
- Organisational skills
- Logistical thinking
- Problem solving
- Video editing
- Adobe Premiere Pro
- Good understanding of narrative drama
- Working to deadlines
- Basic sound editing
- Basic Colour Correction

DIRECTOR CREDITS

2017 - ENDS MEAT 30min Thriller

Director/Producer/Editor

A devoted Father is haunted by a horrific secret; the result of a dark proposition from deep within the shadows of the city's underworld. A genre mix of Horror-Noir and Brit-Grit, *Ends Meat* is a thriller currently in post production.

Black Magic URSA Mini 4.6K Budget: £3000 approx.

2015 - DAD 4min Drama

Writer/Director/Editor

Dad is a poignant super short drama chronicling Molly's close relationship with her Father. The film was awarded highly commended at Screen Stockport Film Festival 2015.

Sony FS7 & Canon 5D Budget: £400 approx.

2014 - DELICACY 14min Horror

Writer/Director

Delicacy is a two hander set in one location. The film is set during WWII and has received international success having been selected for a range of film festivals throughout the UK and USA, as well as receiving multiple awards and nominations.

Sony F3 Budget: £800 approx.

GONE (2013)

Writer/Director

Gone was the first short film I had directed and enabled me to learn the initial process for directing. I learnt a lot from undertaking this project, and it allowed me to develop my skills as well as the confidence to tackle more challenging projects.

Sony F3 Budget: £300 approx.

EDUCATION

THE MANCHESTER FILM SCHOOL 2013 - 2014

The Manchester College, Fielden Campus, Manchester, M20 2PQ

FIRST CLASS BA HONOURS Creative Media & Visual Communication; Specialism in Film & TV Production

I specialised in direction completing *Delicacy* as my final major project.

THE MANCHESTER COLLEGE 2011 - 2013

The Manchester College, Fielden Campus, Manchester, M20 2PQ

Foundation Degree Film & TV production