

# LAURA RIDGE

## PERSONAL STATEMENT

An accomplished Live Gallery Production Assistant and Script Supervisor with over 20 years of experience at the heart of live broadcast production. I've worked across flagship programmes including 'Good Morning Britain', 'This Morning', 'Peston', and 'The Martin Lewis Money Show', consistently delivering calm and confident coordination in high-pressure environments.

Highly organised with a keen eye for detail, I thrive in fast-paced environments, and with a proven ability to manage live rundowns and ensure smooth communication across technical and editorial teams, I bring a wealth of situational experience, calm professionalism and good humour to every production.

## CAREER HISTORY

April 2016 - current | Multistory Media

'Peston on Sunday' / 'Peston'

'The Martin Lewis Money Show'

'Sunak v Starmer: The ITV Debate'

'Stephen Lawrence: Has Britain Changed?'

February 2012 - December 2025 | ITV Studios Daytime

'Good Morning Britain', 'Lorraine', 'This Morning', 'Loose Women'

March 2024 - March 2024 | ITV Studios Daytime

'The Oscars Live on ITV'

October 2010 - February 2012 | Sky

'5 News', 'Live From Studio 5', 'OK!TV'

May 2004 - October 2010 | ITV News

'The Westcountry Tonight'

## CONTACT DETAILS

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## SKILLS

Work closely with senior producers and directors to create accurate, adaptable running orders.

Accurately time both live and pre-recorded programmes, ensuring all commercial breaks, editorial content, and transmission deadlines are met without disruption.

Break down, script, and bar-count musical performances, from solo vocalists to complex West End numbers and everything in between.

Proficient with Microsoft Office as well as digital production systems Avid iNews & Maestro.

Maintain detailed compliance records via Silvermouse.

Oversee the creation, animation, and quality control of on-screen graphics (name and credit bugs), maintaining brand consistency and correcting errors quickly.

Effectively communicate real-time running order changes to the crew and talent, ensuring everyone is aligned before and during transmission.

Build and maintain strong working relationships with presenters and on-screen talent.

Bring a fun and energetic vibe which contributes to a positive live environment.

## REFERENCES

Available on request

