
NICOLE SABBEN

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PROFESSIONAL SUMMARY

Detail-oriented individual with proven ability to manage time, resources and personal workload.

I take pride in quality of my work and collaborate easily with large teams.

I am reliable and perform tasks on time and to desired standards, going above and beyond to help team members and maintain high standards. I have a varied and skilled nursing background from Acute Admissions, Psychiatry, Acute lock up, Drug and Alcohol rehabilitation, West end Events Medic, Clinical Nurse Speciality in Dermatology and Skin Cancer Screening.

I communicate and collaborate well with others to solve issues, manage resources and meet deadlines and provide the best overall care for both clients and their families. Resourceful employee with outstanding knowledge to develop and maintain healthy customer pipeline. Consistently works to attract new business opportunities. Talent in administrative oversight, recruitment processes and customer service improvements.

WORK HISTORY

On Set Film and Tv On Set Medic, 07/2008 – Current
location Medical Services – UK, Shepperton

- Liaise with production team of health and safety, ambulances, paramedics to assess and meet on set specifications.
- Interpret stunt and location scripts and story boards to understand location requirements and associated risks.
- Supervise team of medics and paramedics when on location for crowd management and location risk evaluations. This is done as lead nurse on location.
- Assess risk of possible disturbances and reduced disruption during filming through health and safety briefings
- Negotiate access and contract of use with all departments using heavy industrial machinery..
- Assess location suitability through location and health and safety briefings.
- Assess and evaluate patient needs, supporting accurate diagnosis and care planning.
- Administer medication in line with stringent drug regulations and Location Medical Services Guidelines (in line with CQC requirements).
- Deliver life support with updated first aid and CPR training.
- Generate detailed and comprehensive patient care plans in collaboration with clinical teams.
- Support patients with critical conditions, planning and implementing targeted strategies for optimal recovery outcomes.
- Participate in training sessions and updates on annual basis to expand professional skillset.
- Ensure rigorous Covid-19 response across medical activities.
- Assist staff members with hazard and incident reporting protocol as needed.
- Listen patient concerns and detailed alternative therapies. For example: including yoga and meditation for treatment of migraines.
- Conduct screenings, diagnostic treatment and rehabilitative services on primary health care team.
- Provide care to patients with chronic and acute conditions, including diabetes and trauma.

Clinical Nurse Specialist, 05/2005 – 11/2008

The Mole Clinic – London, London

- Training staff in a new clinical filing system that reduced documentation and improved care plan structure and access .
- Analysed patient data to facilitate accurate assessment of treatment outcomes.
- Incorporated practices to improve teamwork, boosting employee satisfaction.
- Evaluated nursing practices to improve quality of care, boosting patient satisfaction levels .
- Oversaw staff training and education, conducting reflective practice sessions guarantee all intervention was effective and evidence-based.
- Strengthened team capabilities by developing mentoring programmes for nursing graduates and junior staff.
- Optimised patient care by supervising junior nursing staff in specialised clinic.
- Trained junior team members in beauty principles and specific techniques following lesion removal.
- Booked and managed customer appointments using practice SystemOne.
- Consulted with clients to understand and meet individual beauty needs following lesion removal.
- Discussed care plans with patients and explained test results and proper use of medications.
- Coordinated with physicians, specialists and other medical staff to develop treatment plans for chronic conditions.

Nurse Practitioner Band 7, 08/2003 – 10/2005

E12 GP Surgery – City of London, London

- Used to create detailed reports on patient's condition status and treatments received, using SystemOne.
- Recommended appropriate pharmacologic and non-pharmacologic treatment modalities to support health and comfort of patients. Prescriptions were then issued by mentor GP.
- ~~Explained medications and side effects to patients, family members and caregivers and thoroughly reviewed physician-ordered tests.~~
- Adhered to all procedures, policies and protocols to support patient safety.
- Ordered and interpreted diagnostic tests to develop and implement treatment plans.
- Formulated lists of current and past medical conditions.
- Adhered to all practice procedures, policies and protocols to support patient safety.
- Discussed care plans with patients and explained test results and proper use of medications.
- Collaborated with physicians to provide comprehensive patient care, referrals and high-risk management strategies.
- Conducted health screenings, examinations and special education assessments for clients who were of difficult PTSD backgrounds .
- Utilised custom patient teaching tools to support treatment. For example company issued patient instructions for self administration of medications.
- Supported children's emotional growth through positive signposting to socialisation activities.
- Managed challenging behaviour with positive reinforcement techniques.
- Recorded children's milestones and achievements for accurate progress reporting.

Nurse Practitioner. Band 7, 08/2000 – 05/2003

Newham Walk in Centre – Newham, London

- Adhered to child safeguarding practices and completed all relevant paperwork on time relevant to any potential safeguarding issues.
- Signposted children to relevant external socialising services follow a potential diagnosis of PTSD.

- Maintained clean, safe and well-presented clinical setting.
- Employed rewarding positive reinforcement techniques to manage behaviours that challenged both clients and staff.
- Confidently communicated with all children, parents, carers and colleagues in establishing workable care plans for ongoing treatment both psychologically and physically
- Administered medication in line with stringent drug regulations (we were the first Walk-in Centre to introduce PGDs in line with Government stipulations.
- Supported patients with critical conditions, planning and implementing achievable, targeted strategies for optimal recovery outcomes. Then signposted back to appropriate service such as a registered GP or other social service.
- Monitored and recorded patient condition, carrying out and reporting regular observations.
- Collaborated with physicians to provide comprehensive patient care, referrals and high-risk management strategies. This was specifically when we had a GP session as part of the service i.e. Police accompanied repeat offenders in Primary Care.
- Utilised custom patient teaching tools to support treatment.

Clinical Nurse Practitioner Drug and Alcohol , 06/1997 – 10/2000

Laybourne Clinic – London/Docklands, London

- Closely monitored and recorded patient vitals signs, implementing bespoke care improvements to maximise recovery time during drug means testing and tolerance adjusting.
- Effectively managed as lead nurse on duty a multidisciplinary team of nurses and health professionals in delivering impeccable patient care vulnerable patients.
- Supported clients and families creating bespoke care programmes, uplifting positive patient outcomes.
- Safely, accurately and compliantly administered care plans and medication during tolerance testing.
- Led team of healthcare professionals to implement ICPC measures and monitor clinical standards of infection control, due to vulnerability of these clients.
- Led client and family involvement care plan meetings for better recovery and reduction goals.
- Completed accurate, detailed patient records to carefully monitor progress and improvements.
- Communicated and implemented essential requirements to fellow team members for continue compliance with care plan goals.
- Mentored and supervised mental health support workers to uphold best practices across all departments
- Communicated and collaborated with patients to plan, assess and evaluate effective care programmes.

Staff Nurse, 03/1997 – 06/2000

Chelsea and Westminster Hospital – London, Royal Kensington and Chelsea

- Monitored and recorded patient condition, carrying out and reporting regular observations on an Acute Admissions Clinic
- Assessed and evaluated patient needs, supporting accurate diagnosis and care planning with a multidisciplinary team
- Administered medication in line with stringent drug regulations.
- Delivered life support with updated first aid and CPR following regular training.
- Supported patients with critical conditions, planning and implementing targeted strategies for optimal recovery outcomes as part of the multidisciplinary team.
- Generated detailed and comprehensive patient care plans in collaboration with clinical teams.
- Followed NHS procedures and protocols to safely prepare and administer intravenous drips and medications.

Staff Nurse, 03/1996 – 11/1997

Kings College Hospital – London, Dulwich

- Monitored and recorded patient condition, carrying out and reporting regular observations.
- Assessed and evaluated patient needs, supporting accurate diagnosis and care planning.
- Administered medication in line with stringent drug regulations.
- Undertook life support with updated first aid and CPR training on a regular basis.
- Supported patients with critical conditions, planning and implementing targeted strategies for optimal recovery outcomes as part of multidisciplinary team.
- Generated detailed and comprehensive patient care plans in collaboration with clinical teams.
- Followed NHS procedures and protocols to safely prepare and commence intravenous drips and medication administration.
- Administered medication with meticulous attention to detail.
- Safely operated hoists, wheelchairs and transfer equipment to securely manoeuvre patients.

Psychiatric Nurse, 01/1991 – 05/1995

Balmain Hosiptal Sydney – Sydney Australia, Sydney

- Completed accurate, detailed patient records to carefully monitor progress and improvements.
- Communicated and implemented essential legislation requirements to fellow team members for continued mental health compliance.
- Mentored and supervised mental health support workers to uphold best practices across the acute and rehabilitation departments.
- ~~Communicated and collaborated with patients to plan, assess and evaluate effective care programmes within mental health settings.~~
- Recognised and resolved potential areas of conflict for continued best practices in patient care.
- Informed patients of their rights, maintaining and protecting them through difficult process.
- Educated clients and there families about mental health through workshops and special events.
- Conducted physical assessments of relevant body areas and performed standardised tests to check responses.
- Provided services for vulnerable patients undergoing outpatient procedures.
- Recorded patients' health histories and updated electronic records with current information before consultations.
- Reviewed patient files and records to identify allergies, medical concerns, medications and immunisation statuses.
- Determined effective treatment plans for vulnerable patients as part of a multidisciplinary team.
- arranged particular counselling sessions with multi disciplinary teams along with arranged court hearings to determine accaeability for clients to access psychiatric needs from a community basis.

SKILLS

- Patient health assessments
- Chronic condition management
- Post-operative care
- Progress reporting
- Treatment plan development
- Minor injury and ailment care
- Dermatology assessment and care development
- Acute psychiatry assessment ,care and rehabilitation implementation and follow up.
- Health and Safety

- PTSD...Assessment and care follow up

EDUCATION

NVQ Level 5: Nursing, 08/1992
Sydney University - Sydney Australia