

PROFILE SUMMARY

A friendly, outgoing, and hard-working individual., with great communication skills and always looking to find new ways to use my creativity, within the film and television industry. Accustomed to working to tight deadlines both independently and in a team environment.

EDUCATION

UNIVERSITY OF PORTSMOUTH 2019 - 2023

(BA Hons) Media and Digital Practice:
First Class Honours

Awarded 'Best Media and Digital Practice
Student' in my graduation class.

GEORGE ABBOT SCHOOL & 6TH FORM 2011 - 2019

A-Levels Achieved: Geography - A Media - B

Psychology - B

GCSEs: 8 As (7 [A] in Maths and English) and 3 Bs

SKILLS & TRAINING

- Adobe Creative Suite
- Copy Writing
- Film Directing
- Film/Social Editing
- Logging
- Microsoft Office
- Organisation
- Social Media Insights and Analytics
- Social Media Management
- Team Work
- Time-Management
- Wrangling
- ScreenSkills Training Passport
 - Tackling harassment and bullying at work
 - Safeguarding for all
- Introduction to sustainability for the screen industries

This CV may be kept on file and distributed for employment purposes.

WORK EXPERIENCE

DAY RUNNER

6/7th Sept & 2nd - 4th Oct, 2025

Britain's Got Talent | Fremantle

- Worked as a Day Runner on the BGT London Producer Tour, securing repeat work, for the Birmingham Judge's Auditions.
- Taking on a variety of roles, including working with producers to assist inside audition rooms with music, as well as interacting with the public to note down audition numbers and escort them to the correct areas during the producer tour.
- My duties included being a flexi runner and logger for the Judge's auditions, supporting camera crews, and noting important moments during live auditions for the edit.

LOCATION RUNNER

24/25th & 28/29th Sept, 2025

Sort Your Life Out | Optomen Television

- Assisted inside the warehouse, helping sort through boxes and organisation.
- Helping with different tasks when asked, from tea/coffee, moving items.
- Being on hand to drive if required.

OTHER EMPLOYMENT

SOCIAL & MARKETING ASSISTANT

March 2024 - Present

Ultimate Cheer UK | Freelance

- Supporting the marketing team with filming and editing content at Ultimate Cheer UK across Instagram and TikTok.

BRAND/MARKETING ASSISTANT

Sept 2023 - June 2025

[adult swim] | Warner Bros. Discovery

- Community management and promotion of [adult swim] shows. Including scheduling, briefing assets, and copy writing for Adult Swim UK and German across YouTube, Facebook, TikTok and Instagram.
- From September 2023 to June 2025 I grew the Adult Swim Europe Instagram channel from 7000 - 432,000 followers and the Adult Swim TikTok from 0-289,000 followers.

DIGITAL PRODUCTION INTERN

June 2021 - June 2022

Warner Bros. Discovery

- Increased Cartoon Network GameBox channel from 0 to over 10,000 subscribers by experimenting with numerous YouTube strategies.
- Created AppStore screenshot thumbnails and game thumbnails, which reached over 100,000 users, boosting downloads for the Cartoon Network GameBox app.
- *Awarded Placement Student of the Year from my University School Film, Media and Communication.*

EXTRACURRICULAR ACTIVITIES

- Runner Masterclass at Emporium Productions - workshops from Executive Directors, Production Management and master classes on wrangling and kit.
- Running - I took on the challenge of running the 2024 London Marathon, whilst raising money for charity. I have since continued to run in my spare time and enjoy taking part in races to challenge myself.
- Swimming - Both in my free time and as a cover swim coach for Wey Valley Swimming Club.
- Cheerleading - University of Portsmouth, Competition Team 2019-2023, Receiving the award for Most Committed Member 22/23. Captain of Ultimate Cheer Level 3 Competition Team 2023-2024.
- Bronze and Silver Duke of Edinburgh Awards