

# Arlo Jones



## Sound Trainee

### About Me:

I'm a London based sound Trainee with a year of on-set experience in the sound department.

Having worked on a mix of student and professional films, I have gained a level of both technical and creative knowledge when it comes to working in the sound department. I am able to adapt to various situations and work effectively, even when under pressure.

Coming from a technical background I am familiar with a broad range of equipment and software and have the ability to troubleshoot and problem-solve on the fly.

I believe my greatest strength would be my commitment and determination towards improving and my attitude to learning.

Overall I am confident in my ability to make a meaningful contribution to the sound department and to communicate effectively with other members of the production team.

### Key Skills:

Boom operating

Lavalier wiring techniques

Microphone placement

Timecode setup

Multi-channel recording

Wireless systems operation & frequency coordination

Location sound analysis and acoustic treatment

Strong knowledge in IT, hardware, audio interfaces and MIDI devices

Avid Pro Tools proficient

Wave agent, Ableton, iZotope RX, Slate Digital and Waves full plug-in suite

Post-production sound editing and design

Film score composition

Adaptive to new technologies workflows

Great communication and troubleshooting skills

### Education:

2022 - MetFilm School  
London Course

2021 - Sound Design  
Course Beat Academy

2019 - Computer  
Science  
Wolsey Hall Oxford

2018 - IB Curriculum  
Sotogrande  
International School

### My Kit:

Sound Devices  
Mix-Pre 6 II

Sennheiser 416

Sennheiser G4

Sanken COS-11D

Rode Blimp &  
windshield