

Helen M Griffiths
HETV Costume Junior | Wardrobe Assistant
075287 68547 | hmg19@hotmail.co.uk

Full clean driving licence, car & willingness to travel | Full DBS

Experienced costume assistant across HETV, film and theatre; covering scripted, contemporary and period drama. Graduate of Screenskills HETV trainee finder, currently seeking advancement into senior roles. Experienced in continuity, bloodwork, dressing and wardrobe maintenance.

Credits

Costume Assistant	Doppelgänger Candle & Bell	Maddy Williamson Costume Designer	June 2025
HETV Costume Trainee	ITV X Code Of Silence	Jenna McGranaghan Costume Supervisor	Sept - Dec 2024
HETV Junior Costume Standby	Warp Films BBC One Reunion	Zoe Longbottom Costume Supervisor	May - Aug 2024
Costume Daily	CBBC The Dumping Ground	Stevie Jalbart Costume Designer	October 2023
HETV Costume Trainee	Amazon Prime The Devils Hour	Jane Spicer/Claire Jennings Natalie Egleton Costume Supervisor	Feb - May 2023
HETV Costume Trainee	Sky Comedy Brassic Series 5	Lauren Coe Costume Supervisor	Sept - Nov 22
HETV Costume Trainee	CBBC Dodger The Specials	Jacqueline Mills Sarah Turner Costume Supervisor	August 2022
Costume Trainee Dailies	CBBC The Dumping Ground	Anna Rees Costume Supervisor	July 2022
HETV Costume Trainee	ITV Drama Vera	Ian MacCaulay Costume Designer	March - May 2022
HETV Crowd Fitter	Netflix Witcher Blood Origins	Emma Cains Costume Supervisor	September 2021
Costume Daily Crowd	Playground Productions	Havva Buckles Costume Supervisor	June 2021
Costume Daily Crowd	Netflix Stay Close Series 1	Rebecca Nowicka Costume Supervisor	April 2021
Feature Costume Trainee Crowd	Paramount Pictures Dungeons and Dragons	Caroline Hill Costume Supervisor	March 2021
Costume Trainee Crowd	Britbox Crime Series 1	Lucia Riley Costume Supervisor	February - March 2021
Costume Trainee Crowd	BBC Comedy King Gary Series 2	Lesley Cruickshank Costume Supervisor	February 2021

Theatre

Supporting Artist	The Dumping Ground S14	CBBC Dee Woods NE14 Agency	July 2025
Male Dresser	Mary Poppins UK Tour	Bradford Alhambra	June 2025
Supporting Artist	The Lady Grace Mysteries	CBBC Dee Woods NE14 Agency	May - June 2025
Ladies Dresser	Love Life The Flying Dutchman The Magic Flute	Opera North Leeds	Jan - February 2025
Wardrobe Assistant	Shrek The Musical UK and Ireland	UK and Ireland Tour (Part Tour)	April - May 2024
Wardrobe Assistant	UKProductions Robinson Crusoe	York Grand Opera House	Nov - January 2024
Ladies Principals Dresser	Disney The Lion King	Birmingham Hippodrome	July - September 2023
Ladies Dresser	Mamma Mia Tour	Go For Wardrobe Scarborough Open Air	June 2023
Head of Wardrobe	Aladdin UKProductions	Sunderland Empire	Nov - January 2023
Wardrobe Assistant	White Christmas UK and Ireland	Bristol Hippodrome / Marlowe	Oct - November 2021

Skills

Sewing Machine (Industrial & Domestic) | Overlocker | Wardrobe assistant | Dressing & maintenance including laundry | Fittings | Drafting & Pattern Cutting | Tailoring | Breaking Down | Bloodwork & crime scenes

Full DBS Check & Certified | Full Driving Licence Over 23 | Computer literate; excel, word
Use of Box & Own Ipad | Continuity knowledge of sync on set/continuity apps

Skills & Further Training

- Screenskills Trainee Finder Cohort 2022-23 HETV Costume
- First Option Risk Awareness Safety Training | Valid for 5 years, taken 2023
- Coronavirus basic awareness on productions | 2025
- Tackling harassment and bullying at work | 2025
- Unconscious bias | 2025
- Mental Health awareness | 2025
- Working with under 18s in HETV | 2023

Education

BA Hons Costume Design with Textiles | University of Huddersfield | 2:1
BTEC Foundation Art & Design | Queen Elizabeth Sixth Form | Distinction

References available on request

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