

HARRY FROMANT

CONTACT

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Clean Driving Licence 23+

Portfolio: <https://harryfromantwork.wixsite.com/harry-fromant-media>

INDUSTRY EXPERIENCE

SHOOT PRODUCTION ASSISTANT

G.O.D. Tech | Invisible Sword Productions | Film

June 2025

- Set-up and tidied set for filming. Assisted with breaking down sets when shoot days concluded.
- Managed expenses when completing lunch and coffee runs for talent/crew.
- Supported various creative teams including production management, art department, and on-set production to ensure smooth filming.

STUDIO ASSISTANT

Quilombo UK

February 2025 – June 2025

- Communicated with internal teams to pitch, research, and develop proposals for new projects.
- Supported studio team with shoots and administrative tasks, using Excel to organise shoot equipment and shot list.
- Operated camera and captured audio with boom mic for social media videos and events.
- Maintained office and shoot kit to ensure smooth running of office workflows. Opened and closed office during shoot days.
- Oversaw fast turn arounds, and ensured shoots and video content was completed within the deadline.

PRODUCTION INTERN

KMTV News

June 2024

- Organised, scripted, and narrated news reports for live broadcasts with same-day turnaround.
- Assisted setting up shoots on location and in-studio including camera set up and equipment arrangement and assisted set design with back drops and props.
- Juggled a fast paced news environment, assisting both on set and with creative research for pitches and stories.
- Oversaw co-ordination for deadlines, and ensured these were met during post-production.

SET AND PROP RUNNER

Goodbye Justice | Ember Films | Commercial CanonUK

June 2022

- Liaised directly with the production, art and styling teams on set to ensure smooth communication.
- Ensured consistent maintenance and organisation of props and costumes on set.
- Managed expenses when taking orders for crew. Arranged refreshments and lunch for cast and crew.

OTHER EXPERIENCE

CUSTOMER SERVICES SPECIALIST

Virgin Wines

November - December 2025

- Maintained a calm and personable demeanour, taking queries from customers with excellent communication skills.
- Arranged ongoing diary to track and prioritise cases each day, multitasking to manage time effectively.
- Used Excel spreadsheets to track incoming orders, and to oversee workflows.
- Worked under pressure in a fast-paced environment, adapting quickly to new systems.
- Maintained high focus on individual cases, using keen attention to detail and accuracy to resolve queries.

FILM INSTRUCTOR

Tamwood International Camp

June 2025 – August 2025

- Assisted students with shooting short films, advised on directing, writing, effective lighting, and locations.
- Organised campers and ensured they were on schedule from location to location.
- Recipient of 'Rising Star Award' in recognition of dedication, passion, and high quality of work.

EDUCATION

First Class Honors, BA Film with a Year Abroad

University of Kent | September 2020 - June 2024

California State University, Long Beach | August 2022 – May 2023

SKILLS

- Proficient in Adobe Premiere Pro.
- Proficiency in Microsoft Office programs, including Excel.
- Experience in managing equipment, props and samples for studio and film sets.