

Lewis Lovering

Runner & Junior Researcher



ALBERT
Grad

Automatic Driving License

CONTACT

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PROFESSIONAL EXPERIENCE

On-Screen Waiter and Work Experience – Great British Menu 21 | September 2025–November 2025

Optomen Television, Stratford-upon-Avon

- Completed work experience during the first two weeks of filming, fulfilling runner duties, as well as shadowing researchers, producers, and other editorial staff
- Worked on and off-screen with talent for the duration of studio production
- Assisted in the construction of on-screen props and logging in the gallery
- Created guest judge biographies to be used by producers
- Appeared on-screen as a waiter delivering dishes to the judges chamber

Front of House Staff | August 2023–Present

The Chequers Inn, Burbage

- Achieved top sales for 2024 and 2025
- Worked directly with the general public to provide hospitality services in both the bar and restaurant
- Operated as part of a team in a high-pressure environment
- Handled both cash and card payment via an electronic point-of-sales system

EDUCATION

Birmingham City University | January 2025–March 2025

Rock Up Ready! TV and Film Career Launchpad Skills Accelerator

- Provided an understanding of the principles and processes of screen media production
- Taught sector-specific career skills and professionalism
- Included two days of studio experience

Birmingham City University | September 2020–June 2023

Bachelor of Arts with Honours in Film Studies

- Achieved First Class
- Completed a dissertation on new wave feminism in the horror genre

King Edward VI College | September 2018–June 2020

Nuneaton

- A Level in Film Studies – Achieved Grade A
- A Level in Media Studies – Achieved Grade A
- A Level in Sociology – Achieved Grade C

CERTIFICATES

Film and TV Online Safety Passport | Feb 2025

The Mark Milsome Foundation

**BFI Diversity and Inclusion for the
UK Film Industries | Nov 2022**

British Film Institute

**Risk Awareness in Production | Aug
2025**

First Option Safety Group

**Applied Skills for a Sustainable
Media Industry | Feb 2025**

BAFTA albert

**Tackling harassment and bullying
at work | Aug 2025**

ScreenSkills

References are available upon request

This CV may be kept on file and distributed for employment purposes.