

Iris Heising

COSTUME TRAINEE



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Summary

Costume graduate with a strong foundation in **dressing, costume maintenance, and construction**, seeking dressing roles within HETV dramas. Fascinated by costume with a keen interest in its use as a storytelling medium in TV dramas. **Experienced in continuity, emergency costume repairs, and maintaining a tidy and efficient wardrobe environment** with hands-on experience in HETV Dramas, theatre and immersive theatre events. Proficient in **high quality alterations and experienced with working on Set**. **Skilled in costume care** with knowledge of both domestic and industrial laundry equipment. Experienced with **working well under pressure** while **communicating effectively** in a team and taking direction. Well versed in **balancing priorities and creative problem solving**.

Education

UNIVERSITY

Arts University Bournemouth - 2021-2024

First class honours degree in BA Costume

SIXTH FORM

King Edward VI Camp Hill School for Girls

A level's: Art(B), Maths(A) and psychology(A)

Extended project(A*)

Skills

- Experienced dresser
- Knowledge of laundry care techniques
- Organized and communicative
- Calm under pressure
- Excellent hand and machine sewing skills
- Experienced with industrial machines and overlockers
- Skilled with a variety of alterations

Languages

English

German

Experience

TRAINEE COSTUME ASSISTANT-SILENT WITNESS

BBC drama productions -July-August 2025

- Co-ordinated the dressing of Sa's in a timely and organised manner.
- Ensured the continuity of SA's using Scene match.
- Assisted with the costume line-up and clearing of trailers.
- Worked with an Intimacy co-ordinator to ensure Artists remained comfortable at all times.
- Provided warm bags and was on hand to ensure artist and stunt double were warm.
- Organised costume stock and created inventories.
- Communicated with team members and ADs to solve problems efficiently.

DRESSER-ANTON DU BEKE AT THE MUSICALS

Strictly Theatre Co. -March 2025

- Prepared costumes for performances by ensuring garments were pressed and ironed to a high standard.
- Undertook professional high quality repairs to ensure costumes remain durable and in good condition.
- Assisted with a variety of changes ensuring that the performance ran smoothly.
- Maintained a professional and friendly manner when working with performers.
- Remained calm under pressure and managed problems quickly and efficiently.

DRESSER-CHRISTMAS WITH ANTON DU BEKE

Strictly Theatre Co. -December 2024

- Assisted with quick paced changes on a touring production.
- Repaired costumes in minutes during a live performance following unexpected damage, preventing delays and ensuring seamless continuity for the audience.
- Organised a tidy and safe backstage area.
- Steamed 10 to 20 costumes and performed alterations to ensure costumes were well looked after and ready for performances.
- Studied costume plot and quickly adapted to changes.
- Helped to efficiently pack away after performances.
- Liaised with team members to manage priorities and to stay on track.

COSTUME MAKER-PRIVATE IMMERSIVE THEATRE EVENT

Warburton Costumes - Sept-Oct 2024

- Independently designed, cut, constructed and decorated 8 spring themed romantic tutus and boned ballet bodices to a tight deadline and to a high standard.
- Implemented creative solutions to ensure costumes could be altered easily and quickly.
- Set up and coordinated wardrobe on site.
- Carried out numerous alterations under extreme time constraints.
- Managed fittings, pulled costumes for performers and dressed performers in approximately 300 costumes.
- Collaborated well with the costume team throughout by being communicative, friendly and maintaining a professional approach.

ALTERATIONS ASSISTANT

Grange Park Opera-May 2024

- Developed greater experience and confidence with a range of alterations and repairs.
- Streamlined alterations within a team to meet deadlines.
- Further developed both hand and machine sewing
- Initiated intelligent ways to carry out alterations in the most efficient and effective way.

JUNIOR WARDROBE ASSISTANT-PRIVATE IMMERSIVE THEATRE EVENT

Cirque Bijou-October 2023

- Steamed, starched and ironed garments in preparation for the performance.
- Executed numerous alterations before showtime on tight schedule as part of a team.
- Helped with categorizing rails of hired costumes, and setting up fitting spaces.
- Also assisted with dressing performers and maintaining organised fitting spaces.
- Produced a variety of different makes including 12 skirts.