

# Louis Sterling

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Sound and Music UK supported Composer and Re-recording Mixer, with a background of producing and delivering sound and picture assets as Assistant Producer for Channel 4, BBC Audio, and Adidas.

Focused on client services, I thrive in studio collaboration with producers and editorial teams to ideate, brief, and aggregate assets within fast-paced environments, bringing my personable, adaptable, and resilient nature to ensure the highest level of creative output from conception through to sign-off.

With a 2:1 Bachelor's degree in Digital Music and Sound Art, coupled with a National Diploma in Music Technology and Audio Engineering, I am proficient across the breadth of Digital Audio Workstations including Avid Pro Tools, Cubase, and Ableton Live. From setting up and exporting sessions, track-laying, recording, to leveraging Fabfilter, Izotope, Waves, and Cinematic Rooms to edit, mix, and master audio tracks.

I am a synesthete; classically trained with a granular ear for detail. Immensely passionate, meticulous, and forward-looking across sound and picture; unafraid to develop my skill set and push technical-creative boundaries to efficiently and effectively achieve the best outcomes of a project.

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## University of Brighton

Digital Music and Sound Arts (BA)

Sep 2016 - Jul 2019

Grade: 2:1

Modules: Sound Diffusion, Sound Organisation, Creative Audio Systems, Experimental Sound and Music in Contemporary Culture, Composition and Sound Design for the Moving Image.

## City of Bath College

Music Production and Audio Engineering (Level 3 National Diploma)

Sep 2013 - Jul 2015

Grade: Distinction

Modules: Audio and acoustic engineering, physics of sound, digital audio workstations (Avid Pro-Tools, Ableton Live/Logic Pro) composition and experimentation, live performance.

## Ralph Allen Secondary School

Sep 2008 - Jul 2013

Qualification(s): GCSE (Edexcel)

Subjects: English (B), Mathematics (C), Geography (B), Philosophy and Ethics (C), Graphic Design (M) and Photography (C)

# Career Summary

## Warner Bros. De Lane Lea | Post-Production Runner

Temporary Contract  
Oct 2023 – Dec 2023

Reporting to the Director of Operations, my responsibilities included liaison between in-house talent and clients across various stages including Sound Re-Recording and ADR stages, Grading Theatres, and Preview Theatres, ensuring meticulous setup for recording, mixing sessions, and playback.

A significant aspect of my role was shadowing re-recording mixers Chris Burdon, Adrian Rhodes, Doug Cooper, and Nick Roberts, providing me the opportunity to participate in temporary, pre-final, and final mix sessions for both short and feature-length content from the Avid S6 console. Additionally, I engaged with clients in ADR sessions both from the control room and remotely.

## BBC Audio | Content Assistant (BBC Radio 1)

London, United Kingdom  
May 2023 – July 2023

Assigned to the BBC Radio 1 team, I assisted studio production during the peak-hour Breakfast Show with Greg James. My responsibilities encompassed music reporting, scheduling, compiling music notes for BBC talent using Microsoft Office, and conducting audio editing using the BBC's in-house radio broadcast suite named 'VCS.'

## Bound (Pinewood Group Lift-Off Film Festival) | Music Composer and Mixing Engineer

Remote (Leeds, United Kingdom)  
Oct 2022 – January 2023

Music composer and mixer for "Bound," a short film directed by Abigail Feavers of Channel 4. The film is currently shortlisted by the Pinewood Group Lift-Off Film Festival under the exceptional filmmakers category.

## Channel 4 | Assistant Producer

Remote (Leeds, United Kingdom)  
Mar 2022 – Sep 2022

Assistant producer for Channel 4's branded entertainment initiative across social media sponsorships, advertiser funded programming and linear. Daily tasks include briefing and working with the editorial teams, commissioners, independent production companies and in-house lawyers. Aggregated sound and picture assets with monday.com, TED, CLEAR and Dropbox.

## **Fera Science | Digital Content Coordinator**

York, United Kingdom

Aug 2021 – Feb 2022

Responsible for the development and rollout of multimedia content, supporting the marketing team with the delivery of their wider B2B marketing strategy. Tasks included VO, audio editing and mixing for Fera's promotional videos under "Horizonscan", along with the production of thought-leadership content, whitepapers, infographics, content promotional assets for social media.

## **Adidas | Sound Designer & Mixing Engineer**

Remote (Bristol, United Kingdom)

Mar – Apr 2021

Commissioned by Adidas' third-party music supervision agencies Record-play and 3Tone music publishing to compose, mix and master the soundtrack for Adidas' 4D4WD innovation film.

## **That Media Thing | Digital Executive**

Bath, United Kingdom

Mar 2021 – Apr 2021

Spearheaded content production to promote content for their product suite and services. Tasked with arranging weekly client calls via Google Meets and producing content promotional assets using Adobe Creative Cloud and aggregating via the cloud network.

## **Dublab | Guest Radio Producer**

Remote (Los Angeles, US)

Jul 2019

Invited by Los Angeles' independent radio station Dublab to produce a 60-minute show featuring local and international electronic music talent.

## **99Chants | Composer, Producer & Engineer**

Remote (Berlin, Germany)

Nov 2018 – April 2019

Co-signed by critically-acclaimed music producer David August to produce a 35 minute album for his record label 99Chants. The project, "Adisceda", was mastered by Rafael Anton Irisarri (Black Knoll Studios, NYC), Designed by Colin D. Fletcher (Los Angeles), and distributed by Rough Trade Germany. In 2018, the Album was toured across the UK, before being positioned in Bandcamp's top-10 ambient albums of the month.

## **Brighton Digital Festival | Audio Programmer**

Brighton, United Kingdom

Sep 2018

Lead audio programmer for 'Cog.Flux', an interactive sound installation showcased at the ONCA Gallery as

part of the Brighton Digital Festival, 2018. In collaboration with Dr. Kelly Snook (NASA/Mi.Mu), the project combined interactive/gestural technology and digital projections to engage audiences with technology in real-time.

### **Resonance Extra | Podcast Producer and Editor (IDS)**

Brighton, United Kingdom

Jul 2018 – Sep 2019

Produced and edited episodes for the "ID Spectral" podcast series, spanning 21 episodes. Collaborated with guests to explore topics in sound design, artistic identity, and touring. Managed podcast launch performances and residencies.

### **BBC Introducing | Guest Radio Co-producer**

BBC Radio Bristol, BBC Radio Wiltshire, Glouster (FM & DAB)

Mar – Apr 2015

Following the success of my debut album under URBNET, I was invited by BBC Music Introducing presenters Richard Pitt and Sam Bonham to produce a pre-recorded broadcast for BBC Introducing in the West (FM and DAB across BBC Radio Gloucestershire, BBC Radio Bristol and BBC Radio Wiltshire). The show, 1 hour in length, featured 30 minutes of my original music.

### **URBNET | Music Producer**

Remote (Toronto, Canada)

March 2015 – March 2023

Signed an exclusive album recording and distribution agreement with URBNET Records, a Canadian label distributed by Fontana North. I was producer, mixing engineer, and mastering engineer for the "23/09" and "Harmonics Contrast" projects, which featured collaborations with notable artists such as Kidkanevil, Jean Deaux, Valance Drakes, and DIPSUK. The cover artwork was designed by award-winning digital artist Gregoire A. Meyer from Paris, France.

### **Vanhawks Valour - "The Bike of the Future!" | Sound Editor**

Remote (London, United Kingdom)

Jun – Jul 2016

Sound Editor and Composer for youtube influencer Ash Taylor, for Promotional Video for the Vanhawks Valour Bike.

### **The 60th Anniversary Of Rock 'n' Roll | Sound Editor**

Bath, United Kingdom

April – May 2015

Sound Editor for the 60th Anniversary of Rock 'n' Roll Documentary– a final masters degree project by Elizabeth Horstmann, MA, Media Law and Ethics.

References upon request.