

FRED STEWART

PRODUCTION ASSISTANT / RUNNER | ASPIRING ASSISTANT DIRECTOR

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Based in Bristol. Also available: London, Manchester, Liverpool. Willing to relocate.

Reliable runner in a range of media production, focusing on scripted content and drama. My experience has strengthened my industry knowledge and ability to support AD's, locations, & technical departments on fast paced shoots. I possess the skills & intuition to contribute to every shoot, passionate about progressing into 3rd AD roles.

Skills

Driving: Full, clean UK driving licence (23+) & own car, confident with vans.

Software: MS Office & Cloud, Google Workspace, StudioBinder.

Admin: Handling & filing release forms, receipts, rig, storage & inventory.

Technical: Camera & lighting support, floor & studio rig & de-rig, boom operation, dressing assistance.

Communication: Radio, megaphone, written logs & set updates; talent, crowd, contributor & public liaison.

Locations: Crew health & safety, lock-offs, unit & tech base set up, permit supervision, parking supervision.

Certificates: First Aid certified, DBS checked, Safeguarding trained, ScreenSkills Work Well series & Training Passport.

HETV & Feature Film

Project 14 - Location Marshall - Moonage Pictures - Bristol (September 2025) - Location Manager: Maddie Hall

A Colt is my Passport - Floor Runner - Severn Screen - Cardiff (September 2025) - 1st AD: Nigel Hughes

Boarders S2 - Floor Runner - Studio Lambert - Bristol (Aug 2025) - 1st AD: Jen Rhodes

A Good Girl's Guide to Murder S2 - Location Marshall - Moonage Pictures - Bristol & South-West (April - July 2025)
- Location Manager: Maddie Hall

Run Away - Location Marshall - Quay Street Productions - Manchester (April 2025) - Location Manager: Kevin Jackson

Larkin S1 - Location Marshall - 60Forty Films - Bristol & Oxford (Jan - Feb 2025) - Location Manager: Monty Till

Lazarus S1 - Location Marshall - Quay Street Productions - Liverpool & Manchester (June 2024)

Testament S1 - Floor Runner - Roarlight & Angel Studios (Jan - May 2024) - 1st AD: Ziqi Wang - Producer: Jackie Sheppard

Short Film

The Acres - Floor Runner - The Pitch UK & Reel Issues Films (August 2025) - 1st AD: Kathryn O'Reilly - Producer: Luke Walton

The Goat Foot God - Floor Runner - Control Tower Productions (July 2025) - 1st AD: Lukas Pace - Director: Charlie Graley

Darkly Bright - Floor Runner - MHA Worldwide Productions (June 2025) - Director: Doug Rollins

Marry a Stranger - 3rd AD - Infinite Starlight Entertainment (November 2025) - Director: Dan Lowenstein

Ticketed - 2nd AC - NFTS - Hastings (May 2025) - DoP: Maxwell Whitaker - Director: Timur Almazov

The Milk Situation - Floor Runner - Gunpowder House (May 2025) - 1st AD: Alex Figueredo - Director: John Ferrer

Till Death Do Us Part - Floor Runner - The Pitch UK & Reel Issues Films (November 2023) - Director: Oli Kember

Factual & Entertainment

Mo Gilligan: In the Moment - Production Runner - Lucky 17 TV - London (June 2025)

- Production Manager: Emma Carter
- Production Coordinator: Steph van Geete

First Dates S11 - Production Runner - Twenty Twenty TV - Bath, Bristol & London (March - May 2025)

- Production Manager: Leah Bennett
- Line Producer: Sonia Fry

Jaime's Yoga Adventures - De-rig Runner - Zodiak UK - Bristol (March 2025) - Production Manager: Emma Seagrove

Paul Chowdhry: Family Friendly Comedian - Production Runner - Drum UK - London (October 2024)

- Production Manager: Sarah Fink

The One Show: One Big Thank You - Production Runner - One Tribe TV - Liverpool (June 2021)

Commercial, Music & Sport

SailGP 2024-25 Season - Production Runner - Timeline TV - London (July - September 2025)

- Production Manager: Amy Butler

H6LLB6ND6R 'Hit & Run' (Music Video) - Runner - Continuum Films - London (November 2024)

HarbourVest Commercial - Production Runner - New Leaf Presents - London (September 2024)

- Production Manager: Jonathan Brysh

MHI Media Commercial - Runner - MylesB Visuals - Bristol (May 2024)

Other Work

Tennis Coach - *Clifton Lawn Tennis Club* (September 2015 - Present)

Duties: Leadership, register, safeguarding, lesson planning and communication.

Stagehand — *Nexus Stage @ Boomtown* (August 2024)

Duties: Assembling kit, act changeovers, front of house & tech support, stage safety.

Journalist — *University of Liverpool FC* (September 2022 - May 2023)

Photography & Blog: [University of Liverpool Men's Football](#) **X/Twitter:** [University of Liverpool FC](#)

Instagram: [University of Liverpool Football Club](#)

Performing & Presenting experience

Play: [Can You Hear Me Now](#) - MAYK.

YouTube vlog: [Ministers Unwrapped: Behind the Scenes of Our Modern Retelling of Acts](#)

Education

The University of Liverpool — *B.A. English Literature*

September 2020 - June 2023

→ 2.1 Grade Achieved

→ Dissertation title: Realism in British Spy Fiction (1:1)

GDPR Statement: This CV may be kept on file and distributed for the purpose of recruitment.

References available on request.