

# James Swain

Entry level Camera Assistant/Runner

Birmingham, B44

**07572243015**

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Eager to transition into the television industry, bringing hands-on experience as a Camera Operator and Assistant during the Commonwealth Games. With experience in operating advanced camera systems and providing support in high-pressure environments. Adept at multitasking, problem-solving, and communication. Committed to contributing effectively to production teams as a Runner or Camera Assistant, leveraging my diverse skills and with a passion for storytelling.

## FILM + TV EXPERIENCE

### Day Shadowing, Post Production

January 2024

BBC Drama Village

- Offline
- Colour
- Dubbing
- Online

### Host Broadcast Training Initiative/Camera Team

July - August 2022

Sunset+Vine, Commonwealth Games

- Set up and shot press conferences
- Camera Assisting main teams

### Day Marshal/Runner

August 2021

Skydance Media, Mission Impossible 7

- Managing Public and answering queries
- Cleaning up after filming had wrapped for the day
- Using radios to communicate with other crew

### Day Runner

June 2012

Maverick TV, Last Chance Salon

- Using per diem to purchase last minute props
- Making sure contributors are comfortable
- Making hot drinks and preparing lunch

## NON-MEDIA EXPERIENCE

### Senior Team Member

April 2017 - Present

Greggs

- Promoted in 2021
- Fast-paced food environment
- Public facing
- Anti-social hours, including early mornings
- Multi-tasking is essential

## SKILLS

- BlackMagic Pocket 4K
- Sony HXC-FZ90 Studio Camera System
- Work well with others
- Excellent Communication Skills
- 8 years retail experience, with 3 years management experience
- Proficient with Microsoft Products

## TV + FILM TRAINING

### TV and Film Fusion

Mission Accomplished

Feb - April 2024

### Create Central Skills

Accelerator

2024

## CERTIFICATIONS

### Risk Awareness in

Production

First Option

### Creative Industries

Safety Passport

BECTU

### Sustainable

Production Training

ALBERT

## EDUCATION

### Prince's Trust

Employment, Teamwork and Community Skills

Get Started - Theatre

2014

### Birmingham Metropolitan College

September 2010 - July 2012

Level 3 BTEC Performing Arts

and Creative Media Production

Level 2 BTEC in Stage and Arts

Management



**ALBERT** Trained, 2022  
Sports Production