

SOPHIE PARSONS

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PROFILE SUMMARY

As a creative and passionate film student, I bring hands-on experience in editing, directing, and production design. My background includes working on diverse projects where I have honed my technical skills in post production software, collaborated on directing teams to bring unique narratives to life, and designed visually compelling sets that enhance storytelling. I am driven by a strong sense of creativity and attention to detail, constantly seeking opportunities to experiment with new techniques and styles.

EDUCATION

2015
to 2022

GCSEs: 9 from grades 5-7
A-Levels: Art & Design (B), Psychology
(B), Design & Technology (A)

2022
to 2025

Gordano School, Bristol

Bournemouth University, Dorset

BA (Hons) Film, 3-year course - First
Class with Honours

PROFESSIONAL EXPERIENCE

2023 to Present

Sale Assistant | FatFace

Helping customers find products, creating enticing displays, and supporting store operations.

June 2025

Work Experience | Territory Studio

Aiding the production team with admin tasks as well and editing a showreel for recent work.

INDUSTRY EXPERIENCE

2023 **Sardines**. Short Film (5 mins). Co-Director.

Suspect. Short Film (7 mins). Actress.

2024 **The Daughters of Silence**. Short Film (25 mins). Editor. **Jean**.

Original Screenplay (8 pages). Writer.

The Dark Room. Short Film (6 mins). Co-Director.

Session. Short Film (7 mins). Production Designer.

Final Notice. Short Film (13 mins). Production Designer. *In Production*.

Flo. Short Film (20 mins). Writer & Director.

SKILLS AND INTERESTS

Traditional and Digital Drawing

Basic Video Editing

Storyboarding

Creative Direction

Basic Stop-Motion Animation