

ADAM PARKS



Maidstone, Kent

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Experienced Production Runner

Clean UK Driving Licence (21+)

I'm an experienced production runner within studio and location settings, eager to take on new opportunities now having graduated from a TV production course at UCA. I'm friendly, approachable, fast learning, great at problem solving and adaptable to new situations, plus I make a fantastic cuppa.

KEY SKILLS:

- Experience dealing with talent, cast and crew.
- Location, set, studio and gallery experience.
- Great communication and problem solving skills
- Experienced in using RIMMS/release forms.
- Experience booking taxis on account.
- Experience working with very young children.
- Great memory + confident at remembering names.
- Knowledge of casting software and practices
- SONY MVS 65-30 and Blackmagic ATEM Vision
- Mixing switcher's: 2 Year's experience
- Experience with a variety of cameras: Sony A7, Blackmagic/Panasonics/ DSLR's paired with a gimbal.
- Adobe: Premiere Pro/creative cloud: 5 years exp.

INDUSTRY EXPERIENCE:

Casting Runner - Deal or No Deal - Remarkable TV - ITV **Sept-Dec 2025**

- Back on Series 3, working closely with the casting/welfare team to look after 22 contestants, friends, family and talent during celeb episodes. Worked on the whole series (126 episodes).
- Included chaperoning and talking to contestants to make sure they felt at ease for RX.
- Keeping the green room and crew areas stocked with snacks/drinks and doing lunch orders.
- Assisted and shadowed the casting team with briefings made to family members.

Production Runner - Tipping Point - Remarkable TV - ITV **August-Sept 2025**

- Working out and planning best routes of travel for contestants to studio with efficiency key.
- Organising and booking taxis for contestants and crew and wider production office jobs.
- Looking after cast and acquiring prize winning paperwork for them to fill out.

Production Runner - The Dyers' Park - Expectation TV - Sky **July-Sept 2025**

- On Location working with crew, talent and the public doing a variety of general runner tasks.
- Drove the production car and on site buggy for runs to get items and transport crew around.
- Experience using Pleo and how to buy items on a company card and fill out expense forms.
- Experience using RIMMS to fill out contributor/child release forms on site.

Marshall - The Syndicate - Halcyons Heart Films - Channel 4 **July 2025**

- Working as a location Marshall to direct and inform the public and keep them out of filming areas when needed on outdoor beach locations and set up equipment.

Runner - 99 to Beat US - Initial TV - Fox **May and June 2025**

- In studio working as a MIV and OTF runner, dealing with 100 American contestants, chaperoning plus looking after them during filming and taking them to MIV as quick as possible
- I became great at remembering names of contestants and realised how good my memory is.
- Also assisting the PD team and general runner jobs on site like lunch orders and site prep.

Production Assistant - Uncle Arto - Macaw Media **May 2025**

- Working alongside a runner to look after all crew, talent and very young children.
- My main tasks were looking after catering and snacks, 11 young children helping the chaperones when needed and driving out for supplies gaining experience with expenses.

Location Runner/Marshall - 'Working Title' - Mothership TV **May 2025**

- At a park location marshalling the public out of filming spaces so that it was not interrupted.

Casting Runner - Deal or No Deal - Banijay - ITV **July, Sept, Oct and Nov 2024**

- Working alongside the casting team, looking after 22 contestants, friends, family and talent.

Runner - Sort Your Life Out - Optomen TV - BBC **October 2024**

Runner - The Genius Game - Banijay - ITV **March 2024**

- Worked on all areas of the production from studio to gallery looking after crew and contestants.

WORK EXPERIENCE:

Office Running - Studio Lambert

November 2025

- I completed general office runner tasks to keep the workspaces in the buildings neat and tidy, as well as keeping areas stocked up with supplies, made refreshments and networked.
- Gained valuable experience learning what office runner work involves, working with teams.
- I also gained the opportunity to sit in and talk to the development team about current TV.

Love Island Series 12 - Lifted entertainment - ITV

March/April 2025

- I was shadowing the casting and challenge teams where I was researching possible contestants for the team to contact particularly celebrity connections for the series.
- I chaperoned call back contestants around the offices and showed them to interviews.
- I also learned the casting software used and daily practices of a researcher in unscripted TV.

Vision Mixer - Comedy Relics - Funny Hands Media

February 2025

- Using the SONY MVS 65-30 Vision Mixing Switcher on a 2 hour, 5 cam AS-LIVE comedy show, with only 2 days of preparation and hosted by comedy legend Ed Bye in a professional gallery.

CERTIFICATIONS:

- DBS check certificate
- Mark Milsome Film & TV Online Safety Passport Course via ProTrainings
- Channel 4 virtual work experience
- Getting into the screen industries
- Tackling harassment and bullying
- Introduction to sustainability

PART TIME WORK:

- Tesco Colleague at Tesco Customer Fulfilment warehouse in Aylesford, Kent December 2020 - Present
- Experience working in a team and by myself to get the job done with customer satisfaction key to the role.

EDUCATION:

- BA (Hons) in TV Production at UCA Maidstone Studios, Kent
- Sept 2022 - May 2025
- Grade: First Class

REFERENCES: AVAILABLE UPON REQUEST
