

Laura Clowes – Runner

Email: laura.clowes@outlook.com

Mobile: +44 7890439110

Midlands and Manchester based.

Willing to travel and relocate elsewhere in the UK.

Keen traveller and run my own travel blog, learning Spanish (at beginner level) and a Leader in Training for GirlGuiding UK. Birmingham City University Graduate

SKILLS

- Clean Full UK Driving Licence and confident driver.
- Trained in Safeguarding children.
- Knowledge of Photoshop, Lightroom and Premiere Pro.
- DBS Checked. (May 2019)
- Confident with DSLR's and Photography.
- Access to own car.

CREDITS

Runner/ Camera Assistant	Mainline (WT)	Films of Record	December 2019.
Runner on ITV documentary Mainline (WT) assisting PD with camera, responsible for safety of crew and collecting release forms in a fast paced environment. Series Director: Jon Cowen. Production Coordinator: Tabitha Loftus.			
Production Assistant.	Transpennine Express	Craft Films	November 2019.
Branded online content for Transpennine Express. Looking after talent, helping out crew, cash handling, collecting and fetching lunch orders. Filming on train on a tight schedule. Producer: Chris Davies.			
Runner.	The Wonderful World of Chocolate.	Viacom.	October 2019.
Runner on Channel 5's The Wonderful World of Chocolate series 2. Responsible for helping with kit, looking after contributors and collecting release forms on location. PD: Emma Westwood.			
Day Runner.	Britain's Got Talent 14.	Thames TV	October 2019.
Runner for ITV's Britain's Got Talent producers tour. Assisted with registration, directing crowds and encouraging contestants to get involved during filming. Assisted the producer in the audition room. Production Secretary: Ryan Andrews.			
Runner/Driver	Meet The Fury's.	Optomen Television	October 2019.
Runner for ITV's Meet The Fury's. Responsible for helping with kit and collecting release forms on location. Helping the crew out, researching filming locations and driving crew and kit to various filming locations. PM: Dave Niven. PD: Steve Golley.			
Runner	Ninja Warrior UK Adventure.	TellyJuice.	November 2018
Runner for ITV's Ninja Warrior UK Adventure commercial. Responsible for helping with kit, looking after talent which included children. Logging children's activity throughout the day and general runner duties. Producer: Natalie Garden.			
Runner/Driver.	Made in Great Britain.	DSP.	August 2018
Runner for BBC 2's Made in Great Britain. Assisted the art department, cash handling, helping the crew out and general runner duties. Location Manager: Rudi Gordon. Line Producer: Paul Krajewski.			

EMPLOYMENT

Marketing Assistant.	Ensarb Ltd.	Jan 2019 - Present.
Responsible for social media and blogging for 3 five-star UK wedding venues. Managing the suppliers directly and communicating with suppliers. Carrying out viewings of the venues with excellent customer service and creating sales.		
Ride Host.	Alton Towers Resort.	Sept 2015 – Nov 2018.
Assisted with running of rides in customer facing role. Following strict health and safety procedures. Responsible for completing paperwork and collecting guest information. Fast paced environment, long hours. Seasonal employment.		
Campus Manager.	AmeriCamp.	Sept 2017 – Oct 2018.
Promoting the AmeriCamp programme using a branded social media account and in person around Universities. Communicating and interviewing applicants. Writing up and completing out interviewer paperwork.		
Camp Counsellor.	Girl Scouts of Greater Chicago.	June 2017 – August 2017.
Worked at a US Summer Camp as a general counsellor. Experience of 24/7 childcare and teaching children various activities such as games and crafts. Scheduled the week of activities for the campers every week.		