



Kristina Lewis
D.O.B. 10/03/1983

I believe that life is a rich and dynamic journey, with every moment and step taken an opportunity to both soulfully learn and grow; I am authentically passionate and committed to the Creative Arts, and have traversed this vital and spirited industry as a performer on the stage and television, an academic of artistic visual and emotive responses, and finally as a therapeutic arts practitioner; I look forward to hearing from you regarding this application, and hope that we shall work together soon.

Warmest Regards – Kristina Lewis

CURRENT ROLES:

- **Manager of the Award Winning Abstract Artist Richard Shipley**
Position commenced January 2012, and includes facilitation of exhibitions, commissions, and creative workshops, whilst maintaining a strong social media presence, website development, and promotion of internationally distributed sales.
<http://theartofrichardshipley.com>
- **Staff Writer for the Constructive Journalism Publication Positive.News:**
Contributing journalist to an online and in print magazine, which promotes social change through constructive dialogue in contemporary media. <http://www.postive.news>
- **Freelance Arts Administrator, Videographer and Journalist:** September 2011
Responsible for optimising Artist's biographies, funding applications, providing social media support, writing press releases, exhibition statements and promotional material, whilst documenting artistic portfolios on film.
- **Urban and Contemporary Art Critic:** May 2014
Commissioned to provide an in depth analysis of contemporary art exhibitions and events for an array of international arts publications.

PREVIOUS WORK HISTORY:

- **Gymnastics Beam Specialist and Competitive Floor Choreographer:** September 2014-April 2016. Level 1 Coach of gymnasts aged 3-18years, providing conditioning and technique training, and choreography for club competitions in the South West.
- **Arts Journalist for American Publication Graffuturism:** April 2013 – March 2016. Conducted international Artist Interviews, and Exhibition Reviews for San Francisco based publication.
- **Featured Writer for online publication Jester Jacques:** January 2013 – February 2016. Frequent featured contributor to the online Arts publication; included numerous Artist Interviews, topical features and exhibition reviews.
- **Artist Facilitator for London Art Show “The Collective” at the West Bank Gallery:** 2013-2014. Responsible for commissioning artists, and writing press releases.
- **Administrator and blogger for Contemporary Urban Artist Paul McGowan:** 2013-2015.
- **Freelance Creative Workshop Facilitator for Domestic Abuse Support Group:** 2005-2009. Created performance pieces with female survivors of domestic abuse in the East Midlands, West London and Kinross-shire.
- **Freelance Writing Workshop Facilitator for Alcohol and Drug Dependency Support Group:** 2004-2009. Facilitated therapeutic community writing workshops for drug dependency service users.
- **Office Administrator for Lewis Adam Estate Agents – Derbyshire:** 2003-2007. Responsible for front of house, organising viewings, creation of sales particulars, and maintaining the Director’s schedule.
- **Educational Support Worker – Derby College.** Provided tuition and academic support for students’ aged 16-60+ in maths, literacy, fashion, photography and drama.
- **IDTA Dance Teacher – IBC School of Dancing:** 1996-2003. Dance teacher of IDTA syllabus in Ballet, Tap, Theatre Craft, Freestyle, Modern, Jazz, and Gymnastics Dance for students age 4 – 80 years including guest workshops in Musical Theatre and Commercial Jazz Dance.

VOLUNTARY POSITIONS:

- **Dance Movement Psychotherapy Workshop Assistant – Dance Voice Bristol:** 2015-2016. Assisted Movement Psychotherapists during Vulnerable Adult & Learning Disability Sessions.
- **Gymnastics Dance & Conditioning Coach – Axis Trampolining Club:** 2014-2016. Provided core stability and flexibility training to graded gym sessions, whilst facilitating ballet and elements of contemporary dance technique.

MEMBERSHIPS AND AWARDS:

- **Member of The British Gymnastics Association** 2014 - Present
- **Freelance Member of The National Union of Journalists:** 2014 - Present
- **Associate Member of The International Dance Teachers Association:** 2000 – Present

- **The Kristina Lewis Dance Award** is presented each year to a GCSE Dance student attending The Long Eaton School, who has displayed the most passion and determination throughout their studies, it is an inclusive trophy, which celebrates an authentic love and desire to dance, and where applicable, is encouraged to promote passion for the arts over both academic dance achievement and technical ability.
- **Scholarship awarded to attend Millennium Dance 2000 Theatre School:** 01/09/00
- **Winner of the Lilets Young Dancer Award:** 1998-1999
- **Special Commendation in Theatre Craft** – International Dance Teachers Association Scholarship Awards: 1999, 1998, 1997, 1996
- **Special Commendation in Tap and Modern Dancing** – International Dance Teachers Association Scholarship Awards: 1999, 1998, 1997, 1996.

EDUCATIONAL ACHIEVEMENTS

- **MA Dance Movement Psychotherapy:** Canterbury Christ Church University; 2015
- **BA (hons) Contemporary Performance and Live Art 2:1:** Nottingham Trent University: 2006
- **HND Dance and Education Studies: Bath Spa University:** 2003
- **Diploma in Musical Theatre: Millennium Dance 2000 Theatre School:** 2000
- **GCSE'S:** Dance A*, English Language A*, English Literature A*, Double Science Award AA, French B, Sociology B, Textiles B, Maths, C: 1999: The Long Eaton School.

I also currently hold an Enhanced DBS Certificate

References:

These are available on request, please contact me on the below details for further information.

CONTACT DETAILS:

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